

Winter Layers Information Sheet

For your child to be comfortable at Forest school it is really important they are warm and dry. Please have a look at the table below so you know what your child will need as winter approaches. If you need any extra information or have any questions please ask a member of staff



Temperature 14*c to 9*c	
Feet	<ul style="list-style-type: none"> • Normal socks or wellie socks • Wellies
Legs	<ul style="list-style-type: none"> • Tracksuit bottoms or similar
Body	<ul style="list-style-type: none"> • T-shirt or base layer • Long sleeved thin top • Thick fleece • Gilet on or in bag
Head	<ul style="list-style-type: none"> • Baseball cap for rain
Hands	NA

Temperature 8*c to 5*c	
Feet	<ul style="list-style-type: none"> • Thermal socks or wellie socks • Waterproof snow boots or wellies
Legs	<ul style="list-style-type: none"> • Base layers or similar • Tracksuit or similar
Body	<ul style="list-style-type: none"> • Base layer • Long sleeved thin top • Micro fleece or warm thinner jumper • Thick fleece • Gilet on or in bag
Head	<ul style="list-style-type: none"> • Warm snug hat (no bobble/pom pom) • Snood or similar (no scarves) • Baseball cap (if raining wear under warm hat)
Hands	<ul style="list-style-type: none"> • Warm (waterproof) gloves and spare pair in bag

Temperature 4*c to 0*c	
Feet	<ul style="list-style-type: none"> • Thin socks • Thermal socks or wellie socks • Waterproof snow boots or wellies
Legs	<ul style="list-style-type: none"> • Base layers or similar • Tracksuit or similar

Body	<ul style="list-style-type: none"> • Base layer • T shirt • Long sleeved thin top • Micro fleece or warm thinner jumper • Thick fleece • Gilet on or in bag
Head	<ul style="list-style-type: none"> • Warm snug hat (no bobble/pom pom) • Snood or similar (no scarves) • Baseball cap (if raining wear under warm hat)
Hands	<ul style="list-style-type: none"> • Warm (waterproof) gloves and spare pair in bag

Temperature Below 0*c	
Feet	<ul style="list-style-type: none"> • Thin socks • Thermal socks or wellie socks • Waterproof snow boots or wellies <p>If your child is prone to cold feet please add a heat pad to the inside of the boots or consider buying specialist wellies. We use www.warmwellies.co.uk and have a 10% discount code if you would like to buy a pair.</p>
Legs	<ul style="list-style-type: none"> • Base layers or similar • Leggings or PJ bottoms • Tracksuit or similar
Body	<ul style="list-style-type: none"> • Base layer • T shirt • 2 long sleeved thin tops • Micro fleece or warm thinner jumper • Thick fleece • Gilet on
Head	<ul style="list-style-type: none"> • Warm snug hat (no bobble/pom pom) • Snood or similar (no scarves) • Baseball cap (if raining wear under warm hat)
Hands	<ul style="list-style-type: none"> • Warm (waterproof) gloves and spare pair in bag